



Sathyam's Prayer

Dear Truth, Dear One
Let us see One, where there is two
Where there is pain, let us see One
Where there is fear, may we see One
Where there is stress and anxiety, may we see One
Where there is disharmony, may we see One
Where there is mis-trust, may we see One
Where there is loneliness, may we see One
Where there is love, may we see One
Where there is hate, may we see One
Where there is understanding, may we see One
Where there is mis-understanding may we see One

May we see One, Only One, in that, may we keep quiet, because there is nothing to see, nothing to hear, nothing to say, nothing to do, and we become a flute, like Krishna's flute, where beautiful songs, beautiful music, and beautiful words would flow out of us to that One.

Amen

Sathyam
Jan 2008

Divine Love

In the Ocean of God's Love, questions are swallowed, the future is swallowed, the path is swallowed. There is only a leaf, a particle of existence that goes freely, abundantly, and carelessly to wherever this Ocean takes, without thoughts about where am I going, when am I getting there, how am I getting there, and who is going to help me. This Love cherishes, nourishes and is infinitely effective.

Sathyam
7/19/2007

True Wisdom



When Jesus proclaimed that he was the messenger of God, He wanted to emphasize that everyone is a messenger of God and has to speak, act and think as one.... When progress is furthered, Jesus asserted, each one can recognize all as sons of God, children of God, brothers and sisters of oneself.... Finally, knowledge ripens into wisdom, and the goal is reached when one realizes that he and the Father are one. Jesus has shown the way in clear terms. He announced very early in life that he has come to illumine the spiritual path. He has the Light within him. Jesus was the name he was known by; he was honored by the populace as Christ, for they found in his thoughts, deeds and words no trace of ego. He has no envy, or hatred; he was full of love and charity, humility, and sympathy... The name Jesus itself is not the original one. He was named ISA. In the Tibetan manuscript at the monastery where ISA spent some years the name is written as ISSA. The name Isa means the Lord of all living beings.

Sri Sathya Sai Baba

TEOL, p 70

The true Dharma (right conduct) lies in being immersed in Atmic bliss, the Inner Vision, the steady faith in the identity of one's real nature with the Absolute and the realization that all is Brahman

(Divinity). These four constitute authentic Dharma. The aim of Dharma is to make the individual give up the attachment to external nature and the illusion it causes. It makes the individual realize its Reality, or rather, un-realize what it had up to now taken to be real, so that it may stand revealed in its genuine identity.

You must have not only freedom from fear, but freedom from hope and expectation. Trust in My Wisdom. I do not make mistakes. Love My uncertainty, for it is not a mistake. It is My intent and Will. Remember nothing happens without My Will. Be still. Do not ask to understand. Do not want to understand. Relinquish the imperative that demands understanding.

Bhagavan Sathya Sai Baba

Sanathana Sarathi, August, 1984

Christ Consciousness

Sathyam: Did all of you have a good meditation?

(A few people share and then Sathyam continues)

I am actually very surprised, to see all of you here tonight. My surprise is that this is vacation time and normally people go away, and in actuality, that is the time when it is very important to come together, particularly now.

Tonight, we are going to talk about the continuation of the topic from last week, which was 'Christ Consciousness.' I am not referring to Jesus as the human being, but rather the 'Christ.' We are going to contemplate a little bit on the point where each one of us can experience the same delightful high consciousness. This is because most people are so busy worshipping that they forget the whole idea of the arrival of someone like Jesus was to wake us up and to tell us who we are.

So, tonight we are going to talk about it a little bit. Before we do that however, I would like to share something that I just received. Imagine that you just bought a brand new home. When you start living in that



home and many people come in to visit, the carpet gets dirty and you begin to fill up your closets and your rooms. Each time you go shopping, you buy more and more knick knacks, and this goes on for years and years. In some cases, it goes from the beginning of a life to its end.

Let's assume that you came home one day and said, 'oh my God, this house is too crowded and there are too many things going on in here.' You then decide to start cleaning it up, perhaps have a garage sale and get rid of a lot of your things-and then clean the house thoroughly, even shampoo the carpet, put a fresh coat of paint on the walls and put in new tiles. You may do all of these things and then sit down, look around your home and say, 'wow, this is so beautiful, it looks brand new. It reminds me of the day I had first bought this house.'

In order to have the Christ Consciousness, one has to realize that he/she is living in a crowded house. It is not to find 'it', it is not to buy or envy 'it'; it is just the recognition of the fact that the house never went anywhere. The Consciousness of Christ was never away from us, but we over-crowded it and covered it with furniture. The 'crowding' is done with thoughts, habits, beliefs and tendencies. This is not exclusive to just you and I, every human being is having the same problem.

So what is it to have the Christ Consciousness? It is by the removal of what is unnecessary...only by the removal of what is unnecessary. What is unnecessary? It is the crowded thoughts, words and deeds. If our life is too busy, it is just too busy. If our mind is too busy, it is just that...too busy. If we are like a chatter box, talking away day and night, this is it.

Cleaning the house, is about settling down and letting go. This took Jesus into the wilderness for eighteen years. Do we have to leave our family, our home and our responsibilities, as they are taught or

assigned to us? NO. What are we then to do? We are to work on *one* point that I would like to share tonight. Of course, some people might not agree with me, in which case...so what! (Throws Her hands up in the air and laughs) Does not matter! And I think we have discussed it in this class before, it is just that we need to do it again.

There are three dimensions as far as our appearance goes, and I am not referring to the dimension that we all know about. It is what I think I am, what others think I am and who I *really, really* am. The house gets crowded when we are busy with the first two scenarios, what I think I am and what others think I am. The house gets empty and becomes brand new when our concentration is on who I really am. This is because by concentrating on the third one, you have already denied, dismissed and ignored the first two.

What I normally think I am as a human being and what others think I am comes with a name. For example, I say 'my name is Sathyam, my last name is Warner, I am such and such an age, I live on such and such a street, etc.' Sometimes even when you ask someone who they are, they say 'I am a doctor.' Are you kidding me? To that extent, we have the wrong impression of who we are. So, cleaning the house to make it new like before is to dwell on 'who am I really?' And that is the Christ Consciousness. The person who has the slightest inkling of an interest is ready to clean the house; we are cleaning the house.

Most of us, particularly women, give a lot of attention to what others think we are. We ask ourselves many times 'did I act properly, was I a good woman, was I a good daughter?' etc. I am not knocking (down) being good, I am however knocking the idea that we get lost in 'becoming' rather than 'being'.

What is the difference between my Guru and I, what is the difference between Jesus and I? The only difference is the crowded house. The

house is there. We may listen, we may enjoy what we hear and even get inspired by it, but the moment that one vigilantly goes after the 'who am I?' one automatically falls under the Consciousness of Christ. It is that easy.

Most people on a spiritual path or otherwise are looking for a Home. The mistake is in looking for a home. The truth is that we are Home, but it is too crowded. We are certainly home, the Home never went anywhere; we just got lost in it.

A man asks: Do you think Jesus had a support group?

Sathyam: I am sure he had, has and will have. I am glad you asked this question. Did Jesus have a support group? Who cares? (Laughs) I am sorry to say that to you, because what we are trying to do here is to not go back 2000 years. It is rather to realize that 2000 years ago is here and now; that is our salvation. How long are we going to go about and gather information? The information that we gather is more furniture in the house, this includes even spiritual information.

And where is the Truth spoken? It is spoken where it will ground you naked, it makes you drop the extras and *it gives you a chance to unlearn, a chance to undo and to free yourself.*

Now, what is it that is being freed? The idea that 'I don't have a Home' and the idea that 'I am lost!' The thoughts, words and deeds are the crowdedness that is multiplying by the senses. At this very moment, now, we are what Jesus was, but the irony of this illusion, Maya or manifest is that until we start cleaning the house, we will not know that we are That! Even though we are That, we will not accept it, embrace it or live it.

One therefore has to go through Karma Yoga, which is service to society, so that we become humble. Then there is Bhakti Yoga, which goes through faith and devotion, whether one is embracing a

particular religion, a teacher or Guru. When the devotion becomes unbearable and inferno-like, it turns to Jnana Yoga, which is wisdom. This is the process of cleaning the house.

Is service bad? No. Is having faith and an undying love for God or whoever you trust, bad? No. All of these are blossoms and what do these blossoms turn into? They turn into beautiful flowers, when the wisdom shines on them. And believe me, beyond the shadow of a doubt, if we did not already have love or service in our hearts, we would not meet here tonight. Had we not done enough service and expressed huge amounts of love towards society, we would not be sitting here tonight and talking about the 'wisdom' part of it.

Do you have any comments or questions so far?

A man talks about trying to meditate on giving and having a 'house' filled with things, only to redistribute them to others.



Sathyam: Yes, there is a point that I do not want you to make a mistake on. Yes, you are absolutely right, but the giving does not come from having a crowded house. In fact, a person who has a crowded house does not know how to give. We are not talking about that type of a crowded house. What we are talking about in terms of a crowded house, is one who believes the world to be real, to the extent that everything frightens, agitates or becomes an issue for them.

At this time, it would be very appropriate for us to have a Contemplative Meditation on the Christ Consciousness. And believe me, when we dive deep into our Self, we find our Home cleaned. For a split second, we have a memory of our house being clean, as if we had just walked in for the very first time, using a brand new house key, before it was all crowded.

What we really are is not what we think we are, and not what others think we are. Why is this? What I think of any of you in this class is only an image that is created by a judgment of you. So, I build you in my mind. When someone asks me if I have talked to you, immediately the image of you and all of the characteristics that I have given you, come to my mind. When I think of myself, again there is an image of myself, with all of the above things that go along with it. What we need to realize, however, is that it is only an image and an image cannot be real. What is real then? That is what we are going to do tonight. We are going to take this opportunity to find out for ourselves.

Do not do the Contemplative Meditation, unless you have a certain amount of quietness. After you do have the quietness, in a mere whisper ask yourself, 'who am I?' or 'what am I?' Use whichever sits in your heart, but do not make a mantra out of it.



Meditation takes place for a few minutes

Sathyam continues: We slowly open our eyes. Now, by doing this meditation, instead of inquiring about information from outside, for which we need to use the senses and the mind, we have put them out of business. When you go in and ask yourself 'who am I?' what happens is that you are opening the seed of knowledge. In that seed, there is the Omniscient; the all-knowing is within this seed. But most of the time, most of us ignore the seed and go out to gather information through the senses and the mind. And this is precisely why it is never lasting. This is why the information gathered from outside does not bring lasting joy, peace and happiness. It is because the seed of where the knowledge sits as Omniscient, Omnipotent and Omnipresent is dormant, neglected and undiscovered. This is why Contemplation Meditation is very important, because in that, we have reversed the role of the mind. We have allowed the mind to go to the region of the heart.

How was the meditation for all of you tonight?

A man says: I started using the Eraser Meditation and could erase everything but my smile and my face. Then I asked 'who am I?' and the answer came pretty quickly, it came with a real strong feeling of compassion, beauty, bliss, etc. It was a very strong feeling and then it kind of disappeared.

Sathyam: That is wonderful, because in the true Self, there is Sat, Chit, Ananda. Sat is Truth, Chit is awareness and Ananda is bliss. So, it could be experienced as Truth, or Awareness, or Bliss.

The man says: The most important thing for me was that it came from the inside out, rather than from the outside in.

Sathyam: Exactly and this is what we are trying to do tonight. The biggest honor we can give to Jesus Christ, other Avatars, prophets, a messenger or son of God, or whatever any religion wants to name it,

is to actually allow ourselves to experience the teaching they have brought. Arguing or fighting about it and or shouting on Sundays on TV do not do it, protecting the bible or the Quran does not do it. What does do it though? 'I want to have what you had', that does it!

Actual worship is very important to get us from point A to point B. This is because it makes us one-pointed, but then we have to let it go, and let it transcend into that love and then that love into the wisdom. Otherwise, we get stuck and that is how fanaticism starts to build up around the physical proximity (to the object that is being worshipped) and the chaos starts to happen because of it.

The time that is spent on self-inquiry is a time that is not spent in vain, and one cannot do it until one is ready. What makes a person ready...we never know.

A woman talks about how she feels she is sent here to inspire others, how she gets stuck and that she doesn't know what to do.

Sathyam: I am not sure I understand you. Explain it again, but be free to explain it clearly. Do not try to hold back and yet try to explain it at the same time. Just do it.

She talks again about being here to inspire others, but does not know why. She says that it is very hard work, but that she is always working on it.

Sathyam responds: What you really are and what you are here to do are still a bit different from each other. Who you are is not what you do; what you do is a part of who you are! So, I think, as difficult as it is, it is a noble role for you to be in a position of inspiration, because you could have been in a non-inspiring position for other people, which would have been more difficult. But what we are asking about here tonight is not so much in 'doing,' but going even beyond that.

This way you become familiar with the 'Doer', not the 'done,' and you come face to face with the 'Doer', rather than 'doing.'

She asks: So ask 'why was I sent here to inspire others'?

Sathyam: No, we know why you were sent here, to do this job. That is fine and dandy, but ask yourself 'who is doing this job?' In other words, we go back to 'who is doing this job?' rather than thinking that we are here to do this job. I don't know how to explain this more clearly. Is there anyone who understands this clearly, who can shed light on it for her?

A few people attempt to clear this up with elaborate explanations, but do not succeed.

Sathyam: You all tried, but the point has not been taken yet. I want to know who got the point. (She asks one person in class if they have understood what She is saying.)

He responds: I don't know if I can say it in English, I am not there yet to say it in English. You know Sathyam, it may help to make the point again.

Sathyam: Yes, thank you, because I was going to do that, but then I said to myself that I will wait.

It was a very good question and I am very happy you asked it. (Referring to the woman asking the question about her quest to inspire others) It was the crux of the matter, and apparently many of us did not take it as well as I would have liked to have communicated it, which is fine.

Let's take the act of talking for example, I am talking right now. In this lifetime I am to talk. So I go in and ask myself, 'who am I?' The answer comes 'you are here to talk about the Truth.' I am not satisfied with that at all, why am I not satisfied? My dissatisfaction is because

my real question is 'who is this? Who am I whose job is to do this?' Why is this important? When you do the job, you do the job, but when you know yourself, you know God. When you do good deeds, you are a good doer, but knowing God is beyond doing good.

Doing good clears your house enough to ask yourself, 'who am I?' but it is not the salary. It is not what is standing at the end of the tunnel. When you go in and ask yourself 'who am I?' and the answer comes 'I am here to do good,' that is completely irrelevant to my question. I am saying 'who am I?' Do you see that? Now, why is this important for those of us who are interested? It is important because if we want to know what the Christ Consciousness was, (we have to understand that) we cannot know the Christ Consciousness, unless we experience the Christ Consciousness.

There is a book in the library here that is called, 'How to Know God.' *Are you kidding me? How to know God?* Go find out and come tell me. The more you want to know God, the more confusion there is. Why? It is confusing because there is no 'two' to go and discover. You find your seed that is within you and you can stand on the ground of Christ. And tell me who needs to know God at that time, you are That!

If we do not get it tonight, it is wonderful and it is o.k., but the Truth is spoken nonetheless. This is not because I spoke it, but because it spoke itself. Now, what happens to it is that it will go into different containers of consciousness.

I was sent away for forty days in 1998, and of course my husband was my companion and the only person who for good reason accompanied me during those forty days. Before I was sent out of society, I used to do a lot of 'good' activities (service). And believe me, all of you who are

inspired to do good, should do it; I am not against it at all. But since I am here to tell the Truth, I am allowed to say that.

At that time, I had a brother who was very ill and was actually about to die. I had friends who were not feeling well and I was an inspiration to many people. Many people could call me from all over the world. I also had my parents, who I had to take care of emotionally and provide support for. When I understood that I was to remove myself from society, I went berserk. I said, 'this is not Dharmic, this is not righteousness, this is not correct, this is not the way I should be.' When you are ready, this is what happens and not all of us will have this chance.

'No more being a goody two-shoes; you want to do good, you have done it already. Do you want to do more? Go ahead and do it, but if you choose to follow Me, follow Me. Drop everything!' It is like what Jesus said to the fishermen, 'follow me.'

Of course the first two days were hard to adjust to. This was because I wanted an explanation, how could I turn my back to my brother and my parents? What would they think of me? I was also sent away without having the permission to explain anything to anybody. Can you imagine this? 'Do not explain to anybody where you go, what you do, just cut them off and allow them to judge you'. Oh my God, that is hard. That is hard. 'Let them worry about you'. Are you kidding? We constantly want to take burdens off others so they don't worry, and here we are saying 'let them worry'.

Going back to what we were saying, for those of us who are very, very interested in what is being said, the Christ Consciousness is here and it is now. All we have to do is say, 'not this, not this, not this' that is cleaning the house. But we have a choice; we don't have to do it,

eventually though we will. If we are still happy with the toys in our house, let's play, but then eventually we will.

A man talks about how if something works you or if it is laborious and tiring, it is wrong.

Sathyam asks him to clarify his statement and then continues: I am sorry, but I have to take this a little bit further. There are a lot of things that are hard but should still be done. What I think you are saying is that if your life is too crowded, your thinking is too crowded.

There are people who have a hard time eating their food by putting their spoon or fork to their mouth directly. They twist their arm around their neck and bring the utensil to their mouth. It is a habit of complication; do you know what I am saying? That is a sign of confusion. It is fine however, because we are all Home. Some people clean the home today and some people will clean it tomorrow. So, when you are being an inspiration, you are cleaning your Home...but don't stop there.

I will give you an example. The Quran is from my religion, I cannot say 'my religion,' because I do not think that I belong to any religion. I read it when I was eighteen, out of complete misery. Since I had seen my grandparents read it, I thought to myself 'maybe I should read it too.' I did not understand a word of it and it scared me to death, because it talks a lot about punishment. At that time that is the way I understood it; it was how my consciousness saw it at that time...so I had to put this book aside.

Then I met my Teacher and I went through all the hard work; and then one night my Teacher came to my dream and asked me, 'you are a Muslim?' I replied, 'yes.' He said, 'very good.' He then went and brought a book, which I thought was the Quran. He opened it and pointed to a picture of a mountain goat, and he kept telling me to

concentrate on this page of the Quran. In the Quran, there are no mountain goats. Immediately I understood, 'Go up and do not stay there. Go up in consciousness, and then you will be able to understand even what appears to be harsh'.

(Sathyam says this specifically to one of the women in the class) This is why when you said you went back to reading the bible after many years, I told you that you will probably have a better understanding of it now than before, because the more you come in contact with the truth of who you are, the more you understand what you left behind.

The man who midway through the class said that he cannot answer Sathyam in English, says: Sathyam, I think I can answer the question you asked me earlier. To inspire is equal to self-image, if I am looking at who I really am, self-image has no room there.

Sathyam: *Beautiful*, it was worth waiting for your delayed response.

Do you have any other questions or comments before I sing a song and we end our meeting?

Did everyone enjoy the Self tonight? (Points to Her heart)



One of the men says: I came closer to finding it.

Sathyam laughs and says: You have no work to do, *you are Home!* Work is for laborers, you are the king, just sit there and order people around. You have worked enough, just sit back and enjoy your coffee.

Sathyam sings:

“Only one life will soon be past
Only what’s done for thee will last,
For me to live is in Christ,
For me to live is in Christ
Jesu Pita, Jesu Pita, Jesu Pita, my Lord,
Open my heart, open my heart,
Open my heart, receive me
Only one life will soon be past,
Only what’s done for thee will last,
For me to live is in Christ”



Namaste

Sathyam

Christ Consciousness DVD

12/27/04

Service With Love

Selfless service is a self-serving activity. Baba makes it clear that the service we do is for our own sake. Naturally, we want to help others, but the real value of the service lies in what it does for us --provided we do it with the right attitude: as a spiritual discipline. Selfless service helps us to:

- Control and purify the mind
- Put a ceiling on our desires
- Erase our karmic burden
- Remove the ego
- Bring love into our lives
- Experience the Unity of all
- Become aware of the God within all
- Win the Grace of God

You are doing service for your own sake. You are engaged in service in order to become aware of the Divine Spirit in you, in order that you may discard the allurements of your ego, in order to know yourself and to get the answer to the question that torments you, namely, "Who am I." You do not serve others, you serve yourself; you do not serve the world, you serve your own interest.

SathyaSaiSpeaksX,19,119

Recently we had a very successful fund raising event for African children. And this is indeed what we went through and experienced in our recent Fund Raising for hungry African children. Now we would like to humbly share our experiences and learning process through out this event, the process that was only Divine.

One of the Lovers of the Truth in Atlanta explains the start of this service: In October of 2008, Sathyam invited me to visit Her in Reno. One day Sathyam was talking about Kasimu Education Fund non-profit organization for African children in Malawi. She said "I have sponsored their food program for this year, which is \$11,000". I immediately said: We have done many charity events in the past, can we throw one for these children? With no hesitation She replied, sure, why not. This was unlikely of Sathyam, She normally doesn't respond to these requests so quickly. She is so perfectionist and would always like to do Her commitments by Herself. But for some unknown reason which we found out later, She graciously accepted my offer. By Her saying Yes to my humble request, I Immediately felt in my heart that there was going to be a divine power behind this service; therefore everything will be done perfectly.

When the fund raising was proposed to the group in Atlanta, the goal for the food program and all that, some said, In this economy I don't think we can meet our goal, some said why don't we go around and collect this amount from people we know? But remembering what Sathyam first said, shed some light on doubts. She said "It's not about the end result; it's all about the process that everybody will go through. I'm not looking for the result, it is not about making money, it's all about expansion, understanding, digestion, quenching, etc. Every thing comes about loving. She said each individual goes through a process for working for God with Love".

With Sathyam's divine words, Trust came in place and from thereon not even one was worried about the end result anymore. It was surely believed that there was going to be a divine power behind all that. And from there on we began planning for this holy service with Trust and Love. During the two months that we were doing all the preparation, everything went amazingly smooth and perfect, as Baba and Sathyam say: In Truth is perfection.

We all worked with love and devotion for the Truth. We were just instruments of GOD in this process, playing our roles in the play of creation.

One of the individuals in the group had a dream of Baba a few months prior to this event. She didn't understand the meaning and the message of that dream until this fund raising activities began. At the beginning of the process, in a gathering, as Sathyam was on the phone, talking to us and singing Bhajan, as that woman was standing by the same place as she was in her dream with Baba, she remembered that dream, and immediately realized that Baba was actually showing her the fact that this event has been planned from before, it's a done deal, it just needs to come on the surface via us as God's instrument. The script was written in ahead of time for this Service play.

There were two aspects to this event

1. The goal and end result which we met by far
2. The Divine process that every one of us went through, the process that was only setup by Divine.

Sathyam talks about devotion in her Asatoma DVD:

"First, you are the servant, or the assistant of God, thinking that the service is going to attract God's attention, or that God's grace will be showered upon you. Then you get closer, and that is what Jesus called 'the son of God.' That is when you have begun to love your Father with all of your heart. And there is a devotion between the Father, and the son. There is no longer a salary involved; in other words, you don't work to get rewarded, as they do in religion. You work because of your love for your Father. You are the householder, and you live in the same home as your Father. So the Father doesn't need to give you allowances, as parents do regularly in this country. Through this,

your association with Truth, or what you may call God, gets closer and closer.”

We all truly experienced Sathyam’s above words of wisdom throughout the entire process.

The divine Love that I can for sure say Baba and Sathyam planted the seed in every one of our hearts, and showered with their grace and teachings, helped us having not only a very successful fund raising but also we felt and tasted the Truth in every step we took during the whole process. The unity and harmony that we felt was beyond imagination. Now, we are like beads of a rosary, together, holding on to Baba and Sathyam’s rope of Love, ready to serve in their Divine path.

We humbly with much gratitude, appreciate such a divine opportunity, guidance and grace that our dearest and most precious Baba and Sathyam bestowed upon us through this Serve with Love event.

Lovers of the Truth in Atlanta

Happy Norooz



In my life Sathyam has been like a guardian angel closely watching over me. I will never ever forget the first time that I met my teacher; after a very divine lesson she so kindly handed me a piece of paper that had many many scribbles on it and signed it on the bottom. She explained to me that this paper simulates a white canvas that is who you really are and the scribbles are all the baggage and stories we carry around with us. These scribbles become more and more real if you believe in them. But if you follow your prompting than you are always safe. To this day I cherish this paper from my teacher. Because I think I now understand the meaning behind it. About five years ago when I met my guru I tried my hardest to surround myself with her teachings and love her from the bottom of my heart. But this was impossible when I even feared myself, the one person I should be closest to. I feared the future, I feared the past, I even feared my family's future and past. This caused cloudiness and constant confusion. All I know about myself back then is that I deeply loved her and Baba which are one to me. I also believe my heart had so much love in it but was not distributed well. I am still learning this process. I loved her (truth) unconditionally but I would run off and play too much and not practice enough. All the while she was hovered over me and she would direct me to the Truth. She would rewrite my life over again so that I would get far enough to learn a lesson but not far enough to forget her. My mind would write one road map that took me straight into a dead end. Then she would rewrite my path to pull me back on track. Her energy is like thunder... It roars when it is working on you, sometimes it may seem tough but when the work is done it is like a calm spring day. Practicing alone is not enough for me. I must look at it, smell it, eat it, love it and cherish it as if it is my last breath. She now flies around me everywhere I go. I love all that I have seen in my short life and I would not want to change a thing simply because I have her. My progress in her path is a big example as to how powerful the divinity, Sathyam really is.

Dear Sathyam, I owe every thing to you! I will always and forever be your servant.

With more love than my heart can hold on to,

Labkhandeh Ziba

As a seeker of Truth I am obliged to write about what can happen when you deviate too far from our path. I have learned through some drastic lessons in the last month that our path really is the only path that has any significance, the only thing that has any worth, the only thing that can save you when all aspects of the world slip away.



I have been with Sathyam for the past 12 years or so, and I would always have phases where I would be so dedicated and on track with our path and the things that she needed of me to do for our path and its purpose. The more challenging the material world was for me the more I clung to her and the more I advanced with her teachings.

The mind however is very devious, just when you think you are safe and that you have got all of this figured out and you feel as though you are grounded on stable footing, it starts to get more and more caught up in the world and its numerous activities and distractions. The more distracted you become, the more your practice starts to take a back seat. It happens so gradually that you may not notice, it may begin with you meditating less, you then practice the Presence less, you begin to talk more, you repeat your stories to anyone who is willing to lend you their ear, you trust less, etc. And before you know it what was once your priority has moved further and further back.

You begin thinking that you are still o.k., because the excessive activity and dialogue you have become so occupied with continues to keep you distracted and busy.

God, Truth, Sathyam, Baba however you want to term it, is a lot smarter than that though. It does not allow one who is worthy of receiving the Truth to venture too, too far away for too, too long. Something alarming happens on the worldly level, to the mind, body, or in my case both, that is like the loudest fire alarm or bomb threat

you have ever heard. The Truth does not allow you to turn your back to it, if you are lucky. Once you have said 'yes' to it, it is no longer pleased with 'yes, but not right now,' or 'maybe tomorrow,' or 'I will get back to you when I get a chance.'

Sathyam once told me, 'whatever you have respect and gratitude for will have respect and gratitude for you, whatever you glorify will glorify you.' My experience has taught me a whole new meaning for respect and gratitude and I never wish to get that far away again from that which has given me everything lasting and peaceful in my life.

I want to leave you with these tidbits that are helping me nourish my Being again and be able to function again in this world. Sathyam says, 'when you work on the Truth the mind doesn't want to lose its power, because it had always gotten your attention that way. It bombards you with things that scare you or concern you and it tries to push you out of your peace with a strong jolt. This is all the cleanup process. You are now showing your interest in Truth. It is like cheating on an old lover, which is the mind; a lover that you were once very faithful to. Of course that lover will eventually get upset and leave you. Tell your mind, 'listen, you are getting me in trouble all the time.' Be more vigilant. Don't let yourself go to sleep to the Truth. Do not waste time listening to old people and their stories or your own stories for that matter; it only wastes your time. Sathyam is inside you, forever. The outer Sathyam will protect you until the inner Sathyam becomes your every thing. Put your hand in the inner Sathyam's hand and go forward.'" And it is the comfort of that which helps me go forward daily...

Aida



I would like to thank Gopi, Nilufar and Panthea from the bottom of my heart for all their devotion and precious time that they spend in collecting, translating the articles and putting them together in these newsletters. The love and devotion that inspires the readers of these newsletters.

*With Love,
Sathyam*





Sword of Truth

Christ consciousness is self-realization, when Inner Guru meets outer Guru, and that is all it means. May we all have a deeper and deeper understanding of the SELF and to that extent of our understanding do we become selfless in thoughts, action, and love. In that there is a benefit and a benediction into the whole creation. Never forget even for a moment your glory or your infinite freedom, unlimited, unbounded existence. When you take the sword of TRUTH you do kill yourself, especially the ones that need to be killed. You see it is because you are taking all of your old beliefs and cutting them down, with that it would be like Jesus say, 'die daily so that you can be born again.

May this year we find our true birth in our own understanding of the SELF.

Sathyam

Meek Shall Inherit the Earth

12/19/06

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Interviews, Conferences and Newsletters are available via our
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